

## March 2025 Goose Moon—Niskipîsim



## FREE MORNING SNACK AVAILABLE DAILY

## Ashmont Elementary Vending Machine A variety of snacks. \$1-\$4 each

Lunchables
Beef Jerky
Oreos
Chocolate Milk
Apple Juice
Orange Juice
Cup of Noodles
Fruit Cups
Corn Nuts
Cheese and Pepperoni
Rice Krispies
Ritz Crackers
Bear Paws

## ALL HOT LUNCH MEALS COST \$5.00

	FREE MORNING SNACK AVAILABLE DAILY					
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Grilled cheese with tomato soup	4 Pancakes & sausage	5 Cheeseburg- er and Jell-o	6 Chicken quesadilla with a fruit cup	7 Sweet and sour ribs, rice and peas	8
9	10	11 Turkey sandwich and soup	12 Chicken Caesar wrap and a cookie	13 Spaghetti with meatsauce and garlic toast	14 Chicken dinner	15
16	17 Ham sandwich and soup	18 Perogies, sausage, & cabbage	19 Chili and a bun	20 Chicken fingers with tator tots	21 Nachos & cheese with celery	22
23	24	25	26	27	28	29
30	31 Egg salad & soup					