## The Link 2025





# Mikisiw'Pisim **Eagle Moon**



### **Ashmont Elementary Vending Machine** A variety of snacks. \$1-\$4 each

Lunchables Beef Jerky Oreos Chocolate Milk Apple Juice Orange Juice Cup of Noodles Fruit Cups Corn Nuts Cheese and Pepperoni Rice Krispies Ritz Crackers Bear Paws

# ALL HOT LUNCH MEALS **COST \$5.00**

		FREE MORNING SNACK AVAILABLE DAILY					
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	Grilled cheese & tomato soup	<sup>4</sup> Cheese burger with Jello	5 Chicken Caesar wrap & a cookie	6 Spaghetti with meat sauce & garlic toast	7 Sweet and sour ribs, rice and peas	8	
9	10 Turkey Sandwich and soup	11 Chicken burger with veggie sticks	12 Pancakes with strawberries, whipped cream and sausage	13	14	15	
16	17	18	19 Ham Sand- wich with soup	Taco salad	Chicken dinner	22	
23	Egg salad sandwich & soup	Perogies with sausage & cabbage	26 Chili with a bun	Chicken fin- gers with tator tots	28 Nachos & cheese with celery		