The Link



January 2025 Kisepīsim – Cold Moon



Ashmont Elementary Vending Machine A variety of snacks. \$1-\$4 each

> Lunchables Crispers Beef Jerky Oreos Chocolate Milk Apple Juice Orange Juice Cup of Noodles Fruit Cups Corn Nuts Peanuts Cheese and Peperoni Rice Krispies Ritz Crackers Bear Paws

ALL HOT LUNCH MEALS COST \$5.00

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 Grillled cheese & to- mato soup	7 Pizza & salad	8 Chicken Caesar wrap with a cookie	9 Spaghetti with meat sauce & garlic toast	10 Sweet and sour ribs & rice with peas	11
12	13 Turkey sandwich with soup	14 Pancakes & sausage	15 Chili & a bun	16 Grilled pizza sandwich with fries	17 Chicken dinner	18
19	20 Ham sand- wich & soup	21 Mac & cheese with ham	22 Cheese burger & Jello	23 Chicken quesadilla with a fruit cup	24 Nacho's cheese & cel- ery	25
26	27 Egg salad sandwich with soup	28 Perogies with sausage & cabbage	29 Chicken burger with veggies	30 Taco salad	31	

FREE MORNING SNACK AVAILABE DAILY