



Hot Lunch Menu November 2024 iyikopiwip̄sim—Frost Moon




FREE MORNING SNACK AVAILABE DAILY

**Ashmont Elementary
Canteen List**

- Lunchables
- Crispers
- Beef Jerky
- Oreos
- Chocolate Milk
- Apple Juice
- Orange Juice
- Cup of Noodles
- Fruit Cups
- Corn Nuts
- Peanuts
- Cheese and Peperoni
- Rice Krispies
- Ritz Crackers
- Bear Paws



**ALL HOT LUNCH MEALS
COST \$5.00**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Roasted chicken din-	2
3	4 Grilled cheese with toma-to soup	5 Pancakes and sausage	6 Chicken burger with veggie sticks	7 Grill pizza sandwich & fries	8 Taco salad	9
10	11 	12	13	14	15	16
17	18 Turkey sandwich and soup	19 Nachos and Cheese	20 Cheeseburg-er with Jell-o	21 Chicken fin-gers with tator tots	22 Sweet and Sour ribs, rice and peas	23
24	25 Ham sand-wich with soup	26 Chicken cae-sar wrap with a cookie	27 Chili with a bun	28 Pizza with salad	29 Perogies with sausage & cabbage	30